



Trans Taupo Paddle

Race Rules, Terms & Conditions of Entry

Signing

All paddlers (kaihoe) must individually sign the indemnity on the entry form, which states they have read, understood and agreed to the Event Information, Race Rules (Tikanga), and Terms & Conditions of Entry.

Age Limit

Paddlers (kaihoe) must be 18 years of age and over on the day of the event, otherwise parental consent on the entry form is required.

Briefing

All paddlers (kaihoe), their support/escort boats crew and support vehicle drivers must attend and listen to the race briefing, and obey all instructions given.

Competency

It is essential all competitors (irrespective of craft and category entered) are competent paddlers and must:

1. have a suitable level of paddle fitness to complete the race in any conditions.
2. have the skills and be comfortable paddling in any conditions likely to be met.
3. have good knowledge and awareness of safety procedures pertinent to the class of craft paddled.
4. be trained and proficient in open deep water self rescue techniques:
i.e., - Surf-ski remount;
- Sea Kayak paddle float entry and bilge pumping;
- Ocean Rower & Outrigger (waka ama) righting, re-entry and bailing
...so they are capable of boarding or re-entering their craft without assistance and possess skills to assist other capsized paddlers (kaihoe).
5. be capable of swimming in rough water conditions.
6. be capable of preparing themselves with respect dress choice, as well as food and drink carried to complete the race in any conditions.

Self-sufficiency

The overriding principle is self sufficiency. Paddlers (kaihoe) are responsible for their own dress and race nutrition for the duration of the race. Be sure to carry sufficient fluid and/or solid food supplies for the journey and wear sufficient clothing for the conditions and weather likely to be experienced during the race. Remember, the water is cool - both energy and body heat can be lost quickly when cold, wet and hungry.

Captain's (Kaihautu) Responsibility

It is the responsibility of all solo paddlers (kaihoe) and designated craft captains (kaihautu) to insure they:

1. are aware where to source available weather information for the relevant body of water (i.e., MetService, radio, newspaper etc), to familiarize themselves with possible conditions.

2. have knowledge of the capabilities and medical needs of all paddling teammates/crew (Kaihoe) and take responsibility in this regard (i.e., their overall competency to compete; devising craft seating arrangement; updating first aid kits with necessary personal items and gaining proficiency in providing specific medical assistance).
3. inspect their craft before commencing the voyage to make sure it is structurally sound and seaworthy; all onboard equipment is secured; all compulsory paddler (kaihoe)/craft gear is not only accounted for, but serviced, suitable and used appropriately.
4. have experience using the communication system onboard (i.e., VHF Radio or Cell phone), and that it is stowed safely in a watertight manner.
5. and all teammates/crew (Kaihoe) are appropriately clothed.

Craft

The event is open to the following category of race craft;

- Single Surf Ski's – both NZ Life Saving Association regulation and Long Distance ocean racing Ski's [Wave ski's or sit-on-top pleasure craft are not permitted].
- Single Plastic, Single Composite fiber and double Sea Kayaks [Open cockpit craft with minimum of two bulkheads (air/water tight sealed holds or compartments), one front (ihu) and one rear (kei). No open deck leisure craft. Please note that for safety reasons K1 or K2 and multi-sport kayaks without bulkheads are NOT acceptable].
- Single (W1), double (W2), and 6 person (W6) Waka ama [compliant with NZ outrigger long distance race rules].
- Single, Double, and Tri or Quad Ocean Rowers - purpose built open water racing craft only. No dingy or recreational row boat vessels.

The choice of race craft is ultimately the individual paddlers (kaihoe) or captain's (Kaihautu) responsibility and they must ensure they and all teammate/crew (kaihoe) have the ability to paddle/row the craft in any conditions.

All craft must be structurally sound and seaworthy with positive floatation (either built in, thru air/water tight sealed holds or compartments or other secured positive buoyancy) sufficient to float the craft with the gunnels above the surface of the water when completely swamped.

Note 1: There are no length/width or weight restrictions on any craft.

Note 2: Rudders are optional, but recommended on all craft.

Compulsory Safety Equipment

Per paddler (kaihoe)

- 1 x approved Buoyancy Vest or Personal Floatation Device [PFD].
 - to be worn (compulsory for Sea kayakers) or otherwise carried throughout the event in compliance with NZ Maritime Safety Rule 91.4 (6).
 - [Note: the possibility of poor visibility, rough water and adverse weather (i.e., high winds) arising, plus the close proximity of competitive craft and support/escort/safety vessels, class Lake Taupo an area of heightened risk].
 - should meet type 403 or 405 acceptable to NZ Maritime Safety Standard 5823 (2001).
 - [Note: visiting competitors from overseas may use an approved PFD from their country of origin].
- 1 x Whistle (attached securely to Buoyancy Vest or PDF).
- 1 x Dry Bag (sealed and attached securely inside or onto the craft or person) containing:
 - fitting full length set of polypro top and bottom (extra to any worn),
 - polypro/wool or fleece fitting hat,
 - waterproof jacket,
 - a foil survival blanket or bag,
 - and extra high energy food
- Minimum of 2000ml of fluid (on the paddler or in the craft within their reach) or a means of safely and easily sourcing water from the lake.

Note 1: It is recommended that all Surf Skis, W1 & W2 Waka ama paddlers (kaihoe) consider tethering themselves to their craft with an ankle or paddle leash when conditions warrant (i.e., in high winds, rough water).

Per paddle craft - irrespective of class

- 1 x Compass or GPS with a set of spare batteries (attached securely in view of the navigator (Tatai)).
- 1 x Course Map – provided on the event webpage www.dare2sweatevents.co.nz (attached securely in view of the navigator (Tatai)).
- 1 x Throw Rope or other means of towing the craft or rescuing a paddler (kaihoe).
- 1 x Handheld Flare.
- NZ Maritime Safety approved.
- 1 x Mobile Phone or VHF Radio in a sealed plastic bag. (Note: repeater channel 63 is the standard calling frequency for transmissions between craft, Coast Guard and the Taupo Harbour Radio).

Note 2: All Sea Kayak craft will require an additional:

- Spray Deck/Skirt per seat (fitted correctly to the craft).
- 1 x Bilge Pump or Bailer (Tiheru) Bucket securely fastened to the craft. No motorized pumps are allowed.
- 1 x Paddle Float per seat (attached securely to craft by means of a long cord or bungy – so it cannot be lost).

Note 3: All W1 & W2 Waka ama craft will require an additional:

- Spray Deck/Skirt per seat (fitted correctly to the craft). Applicable to non-self bailing/draining craft only.
- 1 x Bilge Pump or Bailer (Tiheru) Bucket securely fastened to the craft. No motorized pumps are allowed. Applicable to non-self bailing/draining craft only.
- 1 x Repair Kit containing:
 - spare rubber lashings (awkaha),
 - duck tape,
 - and bungs.
- 1 x Spare Paddle (Hoe) securely lashed to the craft.

Note 4: All W6 Waka ama will be required to carry an additional:

- Spray Deck/Skirt per seat (fitted correctly to the craft). Applicable to non-self bailing/draining craft only.
- 2 x Bilge Pumps or Bailer (Tiheru) Bucket securely fastened to the craft. No motorized pumps are allowed. Applicable to non-self bailing/draining craft only.
- 1 x Repair Kit containing:
 - spare rubber lashings (awkaha),
 - duck tape,
 - and bungs.
- 2 x spare Paddles (Hoe) securely lashed to the craft.

Note 5: All Ocean Rowers will be required to carry an additional:

- 1 x Bilge Pump or Bailer (Tiheru) Bucket securely fastened to the craft. Motorized pumps are permitted in the instance. Applicable to non-self bailing/draining craft only.

Per support/escort craft (kaiawhina)

- 1 x approved Personal Floatation Device [PFD] per crew member onboard.
- must be stowed in an accessible place onboard and in compliance with NZ Maritime Safety Standard, Rule 91.2, type 401 or 402.
- 1 x Rope for towing purposes
- 1 or more Rescue Tubes
- 1 x Throw Rope

- 1 x First Aid kit
- 1 x Flare.
- NZ Maritime Safety approved.
- 1 x Mobile Phone or VHF Radio in a sealed plastic bag. (Note: repeater channel 63 is the standard calling frequency for transmissions between craft, Coast Guard and the Taupo Harbour Radio).

Race Identification

All paddlers (kaihoe), craft and gear must comply with the following points:

- High visibility race bibs (provided by race organizers) must be worn over PFD's at all times on the water and exchanged between relay team members at the Mission Bay Reserve transition point.
- Race craft number stickers (provided by race organizers) must be placed on the front right of competitor's craft so they are visible from the land. Should the event be run in the reverse direction or alternative course, the event organiser will instruct entrants where to place race craft number stickers.
- A reflective high visibility paddle sticker (if provided by race organizers) must be placed on the backside of each paddlers (kaihoe) paddle blade (hoe).

Change-overs

Surf Ski or Waka Ama relay teams can opt to complete either land based change-overs of paddlers (kaihoe) from Checkpoint/Transition areas or deep water change-overs of paddlers (kaihoe) from a designated accompanying motor powered support/escort boat (kaiawhina).

Six person (W6) Waka ama completing open water change-overs can change no more than 3 paddlers (kaihoe) at one time, from a crew comprising a total of no more than 9 paddlers (kaihoe) per craft. These change-overs must be performed from a sole designated accompanying motor powered support/escort boat (kaiawhina). Crews can not share support/escort boat (kaiawhina).

Mixed teams must retain and even gender crew combination at all times when paddling.

Checkpoints

All craft must pass within 10 meters of the official on the shore at the 3 designated checkpoints on route across Lake Taupo. Checkpoints will be mark with two large red corflute boards and a flashing light. Race officials will be wearing high visibility tops.

Transitioning

The exchange of bibs (and possibly swapping of craft) between leg one and two relay team paddlers (kaihoe) must occur within the cones on the beach and foreshore area in the Mission Bay Reserve. This applies to relay teams using the same craft or different craft for the two legs. Changing of bibs, team paddlers (kaihoe) or craft is not permitted outside of this area.

Refueling

Support crews are only permitted to hand additional hydration and nutritional supplies to competitive paddlers (kaihoe) from the beach at northern end of the central Mission Bay Reserve lakeside picnic area (checkpoint 1), Hatepe Point (checkpoint 2) near the Hinemaiaia Stream mouth or Wharewaka Point (checkpoint 3). No refueling is permitted from land anywhere else on route.

Water Code

In spite of rule 91.22 of the Maritime Safety Rules (which states all powered vessels are to give way to vessels under oar (paddling); the organizer urges all entrants to give public and commercial motorized and sail craft external to the event the right of way. Please assume they are unable to see you and take a course to avoid them to be on the safe side.

Support/Escort Boats (Kaiawhina) Guidelines

Entrants have the option of providing a Support/Escort Boat (Kaiawhina). It is the responsibility of the paddling crew (Kaihoe) and their Club to organize such support.

All accompanying motor powered support/escort boats (kaiawhina):

1. must be of sufficient power to travel faster than the competitive craft they are supporting/escorting.
2. have to be of an adequate size to safely take the complete paddling crew (kaihoe) of the craft they are supporting and be able to tow the craft.
3. need to carry sufficient fuel to complete the journey in the worst conditions expected.
4. should comply with Maritime Safety Authority laws/requirements.
5. must carry compatible communication (VHF radio or cell phone) with the craft they are supporting.
6. are required to maintain visual contact with the craft they are supporting at all times so immediate action to preserve the safety of the craft and its crew (Kaihoe) is possible.
7. should stay clear of the start and at least 200m clear of any craft in the first 30 minutes of the race (provided visibility is able to be maintained)
8. can only follow behind or to the side (but not within 50 meters) of their respective paddle craft they are supporting for the remainder of the race.
9. in line with Maritime Safety rule 91.6(1)(a) must slow to 5 knots within 50 meters of any other vessel or person in the water.
10. in line with Maritime Safety rule 91.6(1)(b) - should remain 200m from the shore to provide a safe area for swimmers and other recreational users along the shore.
11. should show courtesy to all competitive craft, so not to interfere with the race (i.e., getting in front or too close, to help or hinder as a result of boat wash/wake).
12. are not permitted to assist with any prohibited paddler changes.
13. must offer assistance to all craft & paddlers (kaihoe) in need in an emergency.
14. are recommended to have a person trained in First Aid onboard if possible.

Safety Boats

Some official safety boats will be organized by the race organizer for overall safety of the event.

Didymo Control

It is a legal requirement that all freshwater aquatic recreational equipment and gear be disinfected before moving between waterways. Therefore it is mandatory that owners of all craft/boats (e.g. competitive race craft and support/escort motor boats(kaiawhina)) plus associated gear/equipment (i.e., paddles, PFD's, Spray-skirts, boat trailers etc) traveling to the event from freshwater training grounds, treat their gear at registration in compliance with NZ Biosecurity measures below. [This is of utmost importance to those traveling up to the event from the South Island]. Signing of the entry form indemnity clause signifies each competitor has read, understand, accept and will adhere to these.

Check – Remove all obvious clumps of organic matter from items that have been in contact with the water.

Clean – Soak or scrub all items for at least one minute with any of the following:

- hot (60 degree) water
- 5% solution of salt
- 5% solution of environmentally and gear friendly dishwashing detergent

Dry – If cleaning is not practical, dry to touch and leave exposed for at least 48hrs before using on freshwater again.

Note: There are severe penalties for people who don't comply. [Under the Biosecurity Act 1993 the penalty for knowingly spreading Didymo is up to \$100,000 and /or 5 years in prison]. For further information on how to protect our waterways from Biosecurity New Zealand, visit www.biosecurity.govt.nz or call 0800 809-966.

Alcohol and Drugs

The event has an unequivocal Alcohol and Drug policy. No paddler (kaihoe), support/escort boat (kaiawhina) crew should be under the influence of alcohol or drugs while on the water.

Race Close

The race is officially over at 4:00pm. All entrants still to complete the course must allow themselves to be assisted (perhaps under tow) to the finish by either their support/escort boat or the official safety boats on the water.

Withdrawal on the day

Any competing paddler (kaihoe) wishing to withdraw mid race, must make themselves visible in order to be seen and picked up by a support/escort or safety boat. Anyone who withdraws from the race at any stage (either before or during) must notify the nearest official and also make contact with the race organizer and timekeeper at the finish immediately. Any search costs incurred in such instances of failure to notify withdrawal will be charged directly to the competitor(s) in question.

Officials Instructions & Rights

Instructions given by race officials must be obeyed by paddlers (kaihoe) and their support/escort boat (kaiawhina) crew. Officials reserve the right to stop and withdraw any competitor if a competitor or craft appears incapable or unsuitable for any reason to complete the race at any stage, either prior or during the event.

Fair Play

Entrants must promote fair play and demonstrate sportsmanlike behavior on and off the water. The event and sport takes a hard line against the use of illegal performance enhancing drugs.

Disqualification

Any entrants who fail to comply (in the eyes of a race official or race organizers) with any of the official's instructions; breaches safety or biosecurity measures; or needlessly places themselves and or others in jeopardy; will be disqualified from the event. The decision of the race organizer is final.

Risk and Liability

Whilst all efforts are made by the organizer to ensure the safety of those competing, all paddlers (kaihoe) acknowledge that they compete at their own risk, and the organizer, officials, sponsors, support organizations, councils, and private landowners will not accept liability for any mishap, injury, damage or loss to persons or equipment during the course of the event.

Paddler (Kaihoe) in Distress

Paddlers (Kaihoe) and support/escort boats must offer assistance to any person in difficulty and notify the nearest official if necessary. Time adjustments will be made for those who stop to help others.

Any paddler (kaihoe) who has difficulty and cannot continue the race must stay with their craft on the water or place themselves in an easy to be seen spot on the lake shore, to await assistance from an official safety boat. No one is to try to walk to the road, as in many instances it is some distance. Follow all instructions you are given by race officials – these are for your safety.

Wash riding

Wash-hanging off another entrant is permitted across and within classes of paddle craft and category, provided the craft producing the wash being ridden does not have more paddlers(Kaihoe) /rowers powering it than their own craft has (i.e., a single cannot wake wash a double craft etc). The reverse is permitted.

Riding the wash of any motor powered boat (irrespective of support/escort or official safety boats) or yacht is strictly prohibited.

Sailing

No entrants are permitted to erect or hoist aloft any device capable of powering the craft utilizing the force of the wind.

Littering

Littering is strictly prohibited. Please do not discard any litter at any stage on the course or private land. Take away what you bring with you or utilize rubbish reciprocals available.

Toilets

Permanent toilet facilities available and any on site portaloos provided must be used whenever required.