



Trans Taupo Paddle

Event Information

Event – A 44km tailwind marathon paddle across the pure crystal mountain fed waters of New Zealand's (and the Southern Hemisphere's) largest freshwater lake - Lake Taupo; from Tokaanu to Taupo or reverse (depending on the prevailing conditions).

Time & Date – 8:00am; Saturday 20th March 2010

Challenge - There are two options by which to participate in the event:

- Full distance
- Team Relay (a split distance with four shared legs and either land transitions or open water changeovers)

Class of Craft – The event is open to the following craft:

- Single Surf Ski's – both NZ Life Saving Association regulation and Long Distance ocean racing Ski's [Wave ski's or sit-on-top pleasure craft are not permitted].
- Single plastic, single composite fibre, and double Sea Kayaks [Closed cockpit craft with minimum of two bulkheads (air/water tight sealed holds or compartments), one front (ihu) and one rear (kei). No open deck leisure craft. Please note that for safety reasons K1 or K2 and multi-sport kayaks without bulkheads are NOT acceptable].
- Single (W1), double (W2), and 6 person (W6) Waka Ama [compliant with NZ outrigger long distance race rules].
- Single, Double and Triple or Quad Ocean Rowers – purpose built open water racing craft only. No dingy or recreational row boat vessels.

[Note: There are no length/width or weight restrictions on any craft]

Category – The entrants can compete in the following categories:

Full distance:

- Male
- Female
- Mixed (even gender combination)

Team relay:

- Combination (any gender combination)

Age Groups – There are two clear and distinct age groups relative to the individual paddlers (kaihoe) age or crafts average combined paddler's (kaihoe) age on the date of the event:

- Under 50 years
- 50 years of age and over

Age Restriction – The event is open to anyone 18 years and over on the date of the event. Entrants under 18 years of age require parental consent.

Change-overs

Surf Ski or Waka Ama relay teams can opt to complete either land based change-overs of paddlers (kaihoe) from Checkpoint/Transition areas or deep water change-overs of paddlers (kaihoe) from a designated accompanying motor powered support/escort boat (kaiawhina). Mixed teams must retain an even gender crew combination at all times when paddling.

Limited Entries – Entries will be initially limited to 150 craft by the ratio of official support vessels to competitive craft entries. Entries received once this ratio has been exceeded will automatically be placed on the wait list. However, entries received with an accompanying motor powered support/escort boat (kaiawhina) will jump the queue and be granted automatic entry along with a select number of those entries sitting highest on the waitlist. Please be sure to enter early to assure a start.

Entry Forms – Entry forms can be either downloaded from the website www.dare2sweatevents.co.nz or received by email request via info@dare2sweatevents.co.nz.

Entry Process – Entries can be printed out and posted in or downloaded and emailed in. Payment can be made by cheque or cash, otherwise making an Online Banking Direct Payment - noting your name and the event entered (i.e., Trans Taupo) as payment reference. Early entries close midnight Monday 15th March 2010. (Please be sure to mail or submit your entry with time to spare for postal delivery and online bank processing). Note: Entries are initially limited to 150 craft, unless competitor support vessels accompany entries further entries. Please be sure to enter early to assure a start.

Entrant Fee – Full distance – single craft \$125.00 per paddler (kaihoe)
 Full distance– double/tri or quad craft \$100.00 per paddler (kaihoe)
 Full distance– W6 waka ama craft \$75.00 per paddler (kaihoe)
 Team Relay entrants \$50.00 per paddler (kaihoe)/per leg.

	<i>per paddler</i>
Full Distance - Single	\$125
Full Distance - Double	\$100
Full Distance - Tri/Quad & W6	\$75
Team Relay	\$50 (per paddler/per leg)

Late Entries - Late entries will be accepted up to the close of registration at 6:30pm Friday 19th March 2010 provided the maximum ratio of support vessels to competitive craft entered has not been exceeded. This number is set at 150 craft. Please phone the race organiser on (027)648-7546 to guarantee a race start is available before leaving home. Entries received once this ratio has been exceeded will be automatically placed on the wait list. However, late entries received with an accompanying motor powered support/escort boat (kaiawhina) will jump the queue and be granted automatic entry along with a select number of those entries sitting highest on the waitlist.

A late entry fee of \$20.00 per person will apply after Monday 15th March 2010 - no exceptions. [Note - no new entries will be accepted on the morning of race day].

Support/Escort boat (Kaiawhina) provision rebate – Entries who provide an accompanying motor powered support/escort boat (kaiawhina) to follow them in support and possibly effect open water changeovers are eligible for a rebate on their entry of \$25.00 per paddler (kaihoe). Support/escort boat (kaiawhina) can only be designated to support and assist one competitive craft but must render help to other paddlers (kaihoe) seen in distress.

Entry Confirmation – A letter of entry confirmation will be emailed to all solo entrants or designated entry captains (kaihautu) who submit a complete entry prior to the close of entries. Incomplete entries will be notified and filed until such time they are made complete.

Entry List - A list of entrants received will be available to view on the website www.dare2sweatevents.co.nz leading up to the event and at registration.

Accommodation deals – The Hilton Lake Taupo is the exclusive accommodation sponsor for the 2010 Trans Taupo and preferred accommodator for entrants at the north end of the lake. To make a booking, please ph: (07)378-7080 or visit www.Hilton.com/LakeTaupo

A variety of accommodation options are available at the south end of the Lake in Tokaanu and 5km south of Tokaanu in Turangi.

Pre-Race Fueling – Some wonderful food is available from the Lakeland House Restaurant in Waihi Bay. Restaurant booking are essential. Call (07)386-6442 to make a reservation.

Event Registration – Registration will take place between 2:30 – 6:30 pm on Friday 19th March 2010 at the Tokaanu Tu Whare Waka Water Sports Complex situated at the end of the Tokaanu tailrace.

[Note 1: If you register it will be assumed you will be starting the race. If thereafter you decide not to start the race, you must inform the race organizer in person at the sign in. This is an important safety issue].

Directions to Registration & Launch Ramps – Traveling thru Tokaanu on SH41, turn off onto the Kaiwaka access road (opposite the Shell Service Station) and head 900m down to the Tokaanu Tu Whare Waka Water Sports Complex on the banks of the Tokaanu Tailrace (refer to course map if required). Red arrows will be erected at the turnoff opposite the Shell Service Station on SH47 in Tokaanu to help direct attendees.

In behind and at either side of the complex there are boat ramps and car parking. Please drive cautiously and park responsibly.

Race Briefing – The race briefing will take place at 6:30pm Friday 19th March 2010 at the Tokaanu Tu Whare Waka Water Sports Complex. It is mandatory that all paddlers (kaihoe), safety boat drivers and supporters attend the race briefing (no exceptions).

Further Event Information, Race Rules & Conditions of Entry – Please refer to the website www.dare2sweatevents.co.nz for full detailed set of Event Information, Race Rules (Tikanga) and Conditions of Entry. Further details including the event map, checkpoint diagrams and late changes are also available on the website.

Safe Open Water Paddling Skills Acquisition - It is paramount competitors are competent open water paddlers (kaihoe) and become a master of the valuable skill to affect an open water rescue of self or another. These skills can be obtained on courses run by experienced paddlers at good clubs and reputable training centers/retail outlets throughout the country. The organizer places all their trust in competitors to take personal responsibility for obtaining the necessary open water paddling skills to insure their safe and successful completion of the event.

Gear Scrutineering – There will no gear scrutineering as such. Signing of the entry form indemnity clause signifies each paddler (kaihoe) has read, understand, accept and will adhere too the Race Rules (Tikanga) and Conditions of Entry. As such there is a requirement to wear and/or carry a compulsory list of equipment per paddler (kaihoe) and class of craft, plus support/escort boat (kaiawhina); that craft are sea-worthy and competitors are competent open water paddlers (kaihoe).

Personal Responsibility - The organizers believe in the education of safe paddling practices. To promote this the organizers have chosen to inform all paddlers (kaihoe) and designated captains (kaihautu) of craft of their personal responsibility in the full event information, race rules and conditions of entry, and entrust this upon them. Paddlers (kaihoe) are also responsible for their support/escort boat (kaiawhina) to comply. The onus thus lies with the paddlers (kaihoe) to adhere. Word of warning: Organizers will show no-leniency to those neglecting this responsibility.

Didymo Control – *Check, Clean, and Dry* is now part of the New Zealand kayak way of life. It is the responsibility of all paddlers (kaihoe) to ensue the practice of good water hygiene so they do not spread the Didymo alga and other aquatic pests. NZ Biosecurity disinfection guidelines are detailed in the Race Rules (Tikanga) and Conditions of Entry. Signing of the entry form indemnity clause signifies each competitor has read, understand, accept and will adhere to these.

Bus Transport Service - Bus transport will be available for paddlers (kaihoe) from outside Taupo Yacht Club to the event start at end of the Tokaanu Tailrace first thing on the morning of the event. The bus will depart at 6:30am sharp and costs \$20.00 per person. Seats on the bus must be booked and paid for when entering the race online or by mail no later than Midnight Monday 15th March 2010. Bus tickets will be issued to those who purchase them at registration.

Craft & Gear Storage - The Tokaanu Tu Whare Waka Water Sports Complex at the end of the Tokaanu Tailrace will be available for entrants to store craft, gear and clothing in overnight. The complex will then be opened again from 5:00am in the morning of the event for paddlers (kaihoe) effecting a vehicle drop and using the bus transport service.
[Note1: It takes approximately 45 minutes to drive between Tokaanu and Taupo].

Early Morning Sign In – All solo paddlers (kaihoe) or designated entry captains (kaihautu) are required to sign in between 6:30-7:30am on the morning of the race at the race organizers vehicle positioned outside the Tokaanu Tu Whare Waka Water Sports Complex at the end of the Tokaanu Tailrace. Any change to event proceedings, lake conditions and weather forecast will be conveyed at this time. Failure to sign in will result in no race time being recorded and a DNS result.

Craft Launching – All craft are advised to launch prior to 7:45am as set out below:

- Single and double craft (i.e., All Ocean/Surf Ski's & Sea Kayak, Waka ama & Ocean Rowers) are to launch from the boat ramp behind the Tokaanu Te Whare Waka Water Sports Complex (just upstream of the Tailrace jetty).
- All large Ocean Rowers, Waka ama and Support/Escort Boats (Kaiawhina) are to launch from the boat ramp below (down stream) of the Tailrace jetty.

[Note 1: Ramp fees are included in the entry fee and will be purchased for all craft that need them. Please see the event organiser at registration if you require one.]

[Note 2: Both boat ramps are open to the club members and the general public. Please show consideration for others (queuing and launching craft) and park in an orderly fashion. There is plenty of space].

Race Start Location/Gathering - The race start line is located off the point at the end of the Tokaanu Tailrace in Tokaanu Bay. All competitive race craft need to be gathered behind the start line by 7:50am. Support/Escort motor boats (Kaiawhina) are advised to stay a minimum of 200m clear of the start, waiting out in Waihi Bay to the west of the start line near the end of the Historic Tokaanu Wharf.

Pre-start Orders - At 7:55am.

Start – Dependant on the number of Craft entry's received. One of the following two scenarios will occur.

- A. Entrants will be released in wave's (begin at 8:01am sharp) dependant on class of craft as set out below.

1. 8:01:00am - all Single Sea Kayaks
2. 8:02:00am - all Single Waka Ama (W1)
3. 8:03:00am - all Single Ocean Rowers
4. 8:04:00am - all Double Sea Kayaks
5. 8:05:00am - all Double Waka Ama (W2)
6. 8:06:00am - all Double Ocean Rowers
7. 8:07:00am - all 6 Person Waka Ama (W6)
8. 8:08:00am - all Tri & Quad Ocean Rowers
9. 8:09:00am - all Single Surf Ski's

- B. All entrants (irrespective of class of craft or category entered) will start on mass at the sound of the starter horn at 8:00am sharp.

The start line is between the first set of channel guide posts leading out from the Tokaanu tailrace into Tokaanu Bay. A photograph will be taken for each wave start or the mass start and any craft judged to be jumping their start will be penalized with a minute added to their time at the finish. Craft setting off in waves ahead of that which they should will be disqualified.

Official Course Map – The official course map is available to download from on the event website www.dare2sweatevents.co.nz . Otherwise refer to Nautical Navigation Chart NZ232 – Lake Taupo for reference points.

Course Description – The full Trans Taupo Course is 44km and consists of four legs as set out below.

Leg 1 is 18km from Tokaanu Bay to Mission Bay Reserve by way of:

- First paddling 2.0km at a magnetic bearing of 340 degrees north-west out from Tokaanu Tailrace into Tokaanu Bay and the greater Waihi Bay, before turning right around Jones Island, at the tip of the Tongariro River Delta.
- Then paddling 16km at a magnetic bearing of 52 degrees north east, skimming Motuoapa Peninsula, brushing the Tauranga-Taupo River mouth to head towards Checkpoint 1 / Team Transition 1 at the northern end of the central Mission Bay Reserve lakeside picnic area.

Leg 2 is 7km from Mission bay to Hatepe Point by means of:

- Paddling 1km at a magnetic bearing of 7 degrees north along the Mission Bay Shoreline around Motutere Point.
- Then paddling 6km at magnetic bearing of 35 degrees north-east to head towards Checkpoint 2 / Team Transition 2 at Hatepe Point, near the Hinemaiaia Stream mouth.

Leg 3 is 14km from Hatepe Point to Wharewaka Point by means of:

- Paddling 14.0km at a magnetic bearing of 358 degrees north along the Otutete Banks (white cliffs), across Rantongaio Bay, to head toward Checkpoint 3 / Team Transition 3 at Wharewaka Point.

Leg 4 is 5km from Wharewaka Point to the finish in front of the Taupo Yacht Club in Taupo by means of:

- Paddling 5km at a bearing of 343 degrees north-west across Tapuaeharuru Bay in front of Taupo Township to finish at the Taupo Yacht Club at the northern end of the bay.

[Note1: The course will be reversed for a favorable tailwind paddle/row if prevailing weather conditions on the day are forecast to come from the North/East]

Teams Transitions.

Upon arriving at the transition points relay teams will have to beach their craft and run ashore to handover their bib(s) to their waiting team-mate(s). Relay teams must affect the exchange of the bib(s) and possibly their craft before passing the checkpoint marshal, so they can be checked off as proceeding onto the next leg of the race. Marshals will endeavor to record split for relay teams at this point provided they notify the marshal on passing.

Competitive paddlers (kaihoe) – refueling point.

Support crews are permitted to hand additional hydration and nutritional supplies from the beach to competitive paddlers (kaihoe) only at the official checkpoints /team transitions (see above for locations). No refueling is permitted from land anywhere else along the course (the exception being all relay craft with accompanying motor powered support/escort boat (kaiawhina) assisting with open water changeovers).

Biscuit stop & Refreshments.

Mrs. Gellatly's famous Sesame Oatmeal Biscuits (delicious home baked morsels) will be available at the checkpoint 2/Team Transition 2 at Hatepe Point for those more leisurely paddlers to stop briefly and enjoy before departing on the next leg of their journey.

Refreshments (Tea, Coffee, Milo) and more of Mrs. G's delicious biscuits will also be available at the finish at the Taupo Yacht Club.

Checkpoint/Transition Diagram's – Checkpoint/ transition diagrams are available to download from on the event website www.dare2sweatevents.co.nz .

Cut-off – In the event any entrant fails to reach the team transition point (checkpoint 2) at Hatepe Point within twice the length of time the leading craft takes to reach this point they will be withdrawn/pulled from the event at this stage.

Course Conditions - Conditions that can be encountered when paddling Lake Taupo include (but are not limited to) anything from breathless flat-water, a gentle breeze and small chop on most good summer days, up to gusty winds/squalls of up to 20-40 knots and white caps rising up to 1 meter plus tall on the odd bad day. The prevailing wind and whether in late summer is 0-15 knots from a South-West direction (equivalent to a tail wind), however on occasion can come from the North-East, East, South-East and West.

Competency in this type of open water is essential. You must be confident of your ability to paddle open water in all conditions in the craft of your choice.

Any decision to insure the safety of entrants in respect to the nature of conditions forecast will be made in conjunction with the local Coast Guard.

Other Users - Other lake users likely to be encountered include (but are not limited to) anything from recreational and commercial motor boats, sailing yachts, wind/kite-surfers, water skiers and jet-skis; to swimmers and shoreline fishermen.

Land Based Finish Line – Entrants are expected to ground the craft on the beach outside the Taupo Yacht Clubrooms. Solo paddlers (kaihoe) must exit their craft and run a short distance (no more than 20 meters) through the finish line shoot. In the case of multiple seat craft, the forward most seated paddler (wearing the numbered bib) is required to gather the bibs from all members of their craft, before exiting and running through the finish line shoot. Only paddlers (kaihoe) wearing the numbered bib need do this. Please remove your craft from the water's edge ASAP to allow room for other entrants to beach and exit their craft.

Bib collection – Bib's must be handed in immediately following completion or withdrawal from the event. Failure to return race bibs will result in a \$50.00 bill to replace the item.

Expected Times - The fastest paddlers (kaihoe) are expected to take sub 4hrs to complete the journey from Tokaanu Bay to Taupo Yacht Club (i.e., predicted finishing time in favorable

conditions is around 11:30am). The slowest paddlers (kaihoe) are expected to take twice this time – around 7hrs 30 min to 8hrs (i.e., predicted finishing time in favorable conditions is around 3:30pm).

Race Records – The race winners of each category and class will have their name recorded in the event results history as the record holders. Current race record holders are:

Single Surf Ski Men under 50 - Simon McLaren (Auckland) 3hrs 29mins 04secs
Single Surf Ski Women under 50 - Katie Pocock (Auckland) 3hrs 42mins 24secs
Single Surf Ski Men over 50 - John Sanderson (Auckland) 4hrs 29mins 52secs
Single Composite Sea Kayak Men under 50 - Rick Martin (Hastings) 4hrs 22mins 47secs
Single Composite Sea Kayak Women under 50 - Melanie Grant (Ashhurst) 4hrs 46mins 20secs
Single Composite Sea Kayak Men over 50 - Adrian Davis (Pukekohe) 4hrs 30mins 27secs
Single Composite Sea Kayak Women over 50 - Rowena Hayes (Taupo) 5hrs 30mins 07secs
Single Plastic Sea Kayak Men under 50 - Mike Tate (Levin) 5hrs 10mins 22secs
Single Plastic Sea Kayak Men over 50 - Jeff Wells (New Plymouth) 5hrs 17mins 19secs
Single Waka Ama Men under 50 - Bryce Irving (Tauranga) 4hrs 03min 09secs
Single Waka Ama Men over 50 - Michael Dolan (Auckland) 5hrs 09min 59secs
Single Ocean Rower Men - Craig Smith (Huntermville) 4hrs 36mins 34secs
Single Ocean Rower Women - Tracy Moorehouse (Wanganui) 4hrs 47mins 35secs
Double Sea Kayak Men under 50 - D.Rudge & J.Sheppard (Wellington) 3hrs 43mins 54secs
Double Sea Kayak Women under 50 - T.Mumby & J.Ganley (Hamilton) 4hrs 44mins 35secs
Double Sea Kayak Men over 50 - B.Stuart & M.Taylor (Hellensville) 4hrs 18mins 54secs
Double Sea Kayak Women over 50 - J.Hopkins & P.Fry (Auckland) 5hrs 04mins 40secs
Double Sea Kayak Mixed under 50 - P.O'Sullivan & A.Cairns (Palm. North) 3hrs 50mins 58secs
Double Sea Kayak Mixed over 50 - R.Willis & V. Willis (Cambridge) 4hrs 39mins 43secs
Double Ocean Rower Men over 50 - R.Trott & B.Butters (Wanganui) 4hrs 34mins 52secs
Quad Ocean Rowers Men under 50 - Eastern Bay Scullers (Auckland) 3hrs 43mins 14secs
Quad Ocean Rowers Mixed under 50 - Wanganui River Institute (Wanganui) 3hrs 43mins 27secs
Single Sea Kayak Relay Combination - C.Liebergreen & S.Golding 5hrs 15min 42secs
Single Waka Ama Relay Combination – M.Grant & R.McDonald (Rotorua) 4hrs 54min 27secs

Sub 4 Hour Club - An illustrious club has been set up for Surf Ski, Sea Kayak, Ocean Rower and Waka ama paddlers/crews breaking the 4hr barrier. As of this point in time a mix of 15 craft and 24 paddlers/rowers (including 3 women), have been inducted into the club. To view a complete list those who have made the Sub 4hr Club, visit the event website www.dare2sweatevents.co.nz. [Note: New Sub 4 hr members are entitled to a 25% entry discount for their personal use the following year]

Post Race Craft and Gear Checks – The organizers will be taking a firm stance with regards to the necessity to wear/carry all the compulsory gear required. Targeted spot checks of entrants craft and gear (this includes each paddling member) will be carried out at the finish. Any entries found to not conforming to the events compulsory gear requirement will be judged to be breaking the events safety standard and instantly disqualified as a result. Organizers see failure in this regard as a serious act of dangerous, careless and unsportsmanlike like behavior, and their decision will be final.

Massage – Tend to your sore muscles post race with a sports recovery aid massage. An experienced therapist will be onsite at the finish line between 1pm and 4pm to cater for competitor needs. A booking sheet will be available at registration for those wishing to secure a massage appointment. The charge is \$10.00 for 10 minutes.

Showers – Showers located in changing rooms beneath the Taupo Yacht Club will be made available for competitors to use to get cleaned up post race.

Official Safety Boats – There will be a number of official safety boats on the water each with different roles. Whilst they are there to help those in distress, they cannot be everywhere at once. Therefore all paddlers (kaihoe) should be competent at self rescue. A lead boat will accompany the leading craft and a tail end boat will accompany the craft at back of the field. The local Turangi and Taupo Coast Guard along with other boats will continually monitor and sweep the field and assist with pick-up of anyone in need. The Taupo Harbour Master may also be on the water, glancing a watchful eye over the field during the race. Your personal safety is their priority, it is not the duty of safety boats to recover craft or gear and they will not take responsibility for any damage or loss to craft, paddles (hoe) or gear in the event of assistance or non-assistance. Those picked up by an official safety boat, and/or items of equipment recovered, will be transported to either the closest checkpoint / transition point or the finish line at Taupo Yacht Club (which ever is closer) where they should first report their withdrawal to the officials or timekeepers before reuniting with their support crew.

Support/Escort Boats (Kaiawhina) – All entrants have the opportunity to provide their own accompanying support/escort boat (kaiawhina). Every paddler (kaihoe) under an entry with its own sole designated accompanying support boat (kaiawhina) will be given a rebate on their entry fee. An additional course map will be provided to all support/escort boats (kaiawhina). [Note 1: Please refer to the specific support/escort boat requirements and conditions of operation in the Race Rules and Conditions of Entry].

Support Crew Coffee To Go – The Licorice Café at Motuoapa (on route from Turangi to Checkpoint 1 / Team Transition 1) will be open early morning to cater for support crews gastronomic cravings/addictions.

Support Vehicle Travel Route – from the Tokannu Tailrace boat ramps and car park, proceed:

1. Firstly 0.9km back to SH41 opposite the Shell Service Station (Tokaanu)
2. Turn left and head 5.2 km to the SH1 intersection in Turangi [running odometer total 6.1km]
3. Turn left and head 48.8km on SH1 around Lake Taupo into the centre of the Taupo Township where SH1 veers right. [Running odometer total 54.9km].
 - Detour 1:** To visit Checkpoint 1 / Team Transition / spectator viewing and paddler (kaihoe) refueling spot on route, turn left in to the southern entrance to the central Mission Bay Reserve picnic area and continue 0.3km. When leaving continue 200m north to depart the Mission Bay Reserve using the northern exit onto SH1.
 - Detour 2:** To visit Checkpoint 2 / Team Transition / spectator viewing and paddler (kaihoe) refueling spot on route, turn left at Hatepe onto Rereahu Avenue and continue 0.4km to the road-end.
 - Detour 3:** To visit Checkpoint 3 / Team Transition / spectator viewing and paddler (kaihoe) refueling spot on route, turn left at the top of the hill after the Taupo Airport turnoff, onto Wharewaka Road and continue 1.4 km to the road-end, plus an additional 0.3km on the left branching vehicle access into the recreational reserve.
4. Turn left of SH1 onto Ferry Road and head 400m down to the Yacht Club at the northern end of Taupo Waterfront [running odometer total 55.3km].

[Note 1: good safe spectator parking and viewing spots on route are indicated by the binocular symbol on race course map].

[Note 2: Once again, please show consideration for other members of the public and park in a responsible fashion. Please drive safely and be extra cautious when pulling on and off SH1 to stop and watch paddlers during the course of the event. It is a dangerous stretch of road and high cliffs drop away to the Lake in places].

Craft Take Out Points - All single and double craft (i.e., All Ocean/Surf Ski's; Sea Kayaks; Waka ama & Ocean Rowers) are advised to be taken out of the water on the beach directly in front or South-East of the Taupo Yacht Clubrooms. Be careful not to paddle within the black and white stripped marker pole and buoy which signify a swimming only zone to the North-West of the Taupo Yacht Clubrooms. All paddle and motor craft are prohibited from this area.

All large Ocean Rowers, W6 Waka ama and Support/Escort boats (kaiawhina) are to be taken out of the water at the Taupo Marina public boat ramp immediately below (down stream) of the Harbour Master office on the upper reaches of the Waikato River. This ramp is located approximately 200m from the Taupo Yacht Clubrooms.

[Note 1: Ramp fees are included in the entry fee and will be purchased for all craft that need them. Please see the event organiser at registration if you require one.]

[Note 2: The beach and boat ramp are both open to the public. Please show consideration for others users (queuing and taking out craft) and park in a responsible fashion. There is plenty of space].

Prize Giving – The prize giving will take place at the finish, beneath the Taupo Yacht Club, beginning approximately 5:00pm. The venue bar will be open from 4:00pm.

Prizes – Merit prizes will be awarded to winners and place-getters (dependant on numbers entered in each class category – i.e., 3 to 10 = 1st only; 10 to 19 = 1st & 2nd; and greater than 20 = 1st to 3rd). If there are fewer than 3 entrants in an age group (i.e., over 50) in a specific category and class of craft, then they will be merged with the other age group (i.e., under 50) of the same category and class of craft so a place-getter is recognized.

Record Breaking Bonuses – Nice cash bonuses will be up for offer for all categories (craft entry classes) breaking existing course records. The race overall individual male and female winners, plus the first multiple paddler (kaihoe) craft will receive a free personal entry to the following year's event.

Club Challenge Champion– Points will be allocated to all finishing entries that align with a club based on their respective overall finish time/place (irrespective of class of craft). First place will receive maximum points (based on the number of craft entries racing i.e., 150 points) and last to place will receive the least points (i.e., 1 point). The club who accumulates the highest tally of points from members competing will be crowned Trans Taupo Club Challenge Champion of the year.

Spot Prizes – All paddlers (kaihoe) that start the event will also have the opportunity to win one of many great spot prizes.

[Note 1: paddlers must be present at the prize giving to claim their spot prize].

Results & Race Report – Results will be emailed to all paddlers (kaihoe); advertised on www.sportzhub.com and published on the website www.dare2sweatevents.co.nz within 4 days of the event. A race report and will also follow the results within the week. Please be patient.

Photo's / Video – Remember to smile as action photos will be taken by Lorraine Wagg. These made available for everyone to view and download for free on her www.photochick.co.nz website. A video of event highlights will be edited by www.sportzhub.com and posted to view on www.sportzvibes.com.

Postponement & Refund Clause – Due to unforeseen events, acts of god, and/or unfavorable weather and lake conditions prevailing on race day, the organizers reserve the right to alter the course or postpone the event to the following day if they deem it too dangerous to hold the race. This decision will be made early on Saturday morning and conveyed to all solo paddlers (kaihoe) or designated entry captains (kaihautu) when arriving to sign in. In such instance of postponement the event will run as planned, however one day later on Sunday 21st March 2010.

If in the unlikely circumstance unfavorable weather and lake conditions are forecast to prevail on the postponement day, the organizers will run the event on an alternative short course. This alternative short course will be either across the lake (west to east) from Whareroa to either Mission Bay Reserve or Hatepe Point; or in sheltered waters along the western shores of Lake Taupo from Tokaanu to Whareroa and return (with a midway checkpoint/transition at Omori).

No refunds will be offered in the event the event postponement date is used or the event does not take place due to weather and/or competitor safety issues.

Withdrawal Policy – Withdrawals received prior to Monday 15th March 2010 will be refunded their entry fee less a \$25.00 administration charge per person. A cheque will be mailed out in the post to all solo paddlers (kaihoe) or designated entry captains (kaihautu). Entrants who withdraw after the above date and before the close of registration will receive a 50% credit towards the next year's entry fee. (No cash refunds are offered).

Change of Teammate Policy – Complete entries are not transferable, however an injured/sick teammate of a multiple seat craft can be changed by notifying the Race Organizer at registration. In such case each person changed will be required to sign the indemnity clause.

Organizer's recommendations:

- The Trans Taupo Paddle is a race of 4hr + duration for most paddlers. The course direction is set to so there is a predominantly light tailwind assisting paddler/rowers dependant on the prevailing conditions of the day.
- Paddlers (Kaihoe) are encouraged to practice paddling in a range of open water conditions, becoming familiar with head, tail and crosswinds, and particularly choppy water. Ideally if the opportunity arises, one should paddle specific sections of the course in training in the company of others.
- Learn to navigate using a compass or GPS, you may need it.
- Always take to the water prepared/equipped. Carry a PDF and wear bright coloured paddling top (vest); dress accordingly to the conditions; take liquid and solid sustenance on longer paddles; consider carrying a mobile phone and handheld flare in a dry bag.
- Do not paddle alone on unfamiliar water or beyond your comfort zone. Remember, to inform others of your whereabouts and paddling intentions so they can raise the alarm if necessary.
- If you are unsure of the conditions, do the wise thing and stay close to shore. Consider using a leash if you have any doubt about your ability to safely paddle in windy/rough conditions.
- Check the current Marine Forecast and Weather for the lake on the MetService webpage before venturing out training at http://www.metservice.co.nz/default/index.php?alias=lake_taupolake
- Be mindful of other activities scheduled to take place on the water before setting off.
- Remind your support crew to bring an old pair of shoes that they do not mind getting wet assisting you. An umbrella could also be useful to have available on the off chance of rain.
- Remember to always practice good water hygiene.
- Slip, slop, slap. Sunglasses will be essential to combat glare when paddling into the rising sun on a good morning. Wearing a hat and applying ample sunscreen is recommended as protection from midday sun rays. Remember to always be mindful of harsh reflecting rays of the water so apply sunscreen under ears, chin, arms, legs etc.
- Don't forget to rinse your hands after disinfecting your gear or applying sunscreen, so you can grip your paddle.
- Above all have fun and enjoy yourselves.

Enquires – If you have any questions/queries not answered on the Entry Form, Event Information, Race Rules (Tikanga), Terms and Conditions of Entry or Indemnity Clause, please do not hesitate to contact the race organizer: Neil Gellatly on 0064 (27) 648-7546 or info@dare2sweatevents.co.nz

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boaters and The Taupo Yacht Club for their complex and water safety contributions. Also a thank you goes the way of the Tuwharetoa Maori Trust Board and local Taupo District Council for their support, plus all friends and family for their wonderful help on the day.

Volunteers & Sponsors – Events like this would not happen without the wonderful help from volunteers and keen boaties, as well as generous support from sponsors. If you would like to be involved in the event from a volunteer, safety boat and/or perspective sponsor, we would love to here from you. We endeavor to rewards all volunteers for there assistance and are very appreciative of any sponsor support received. To inquire please contact the race organizer: Neil Gellatly on 0064 (27) 648-7546 or info@dare2sweatevents.co.nz

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