



15.9km  
grade II+

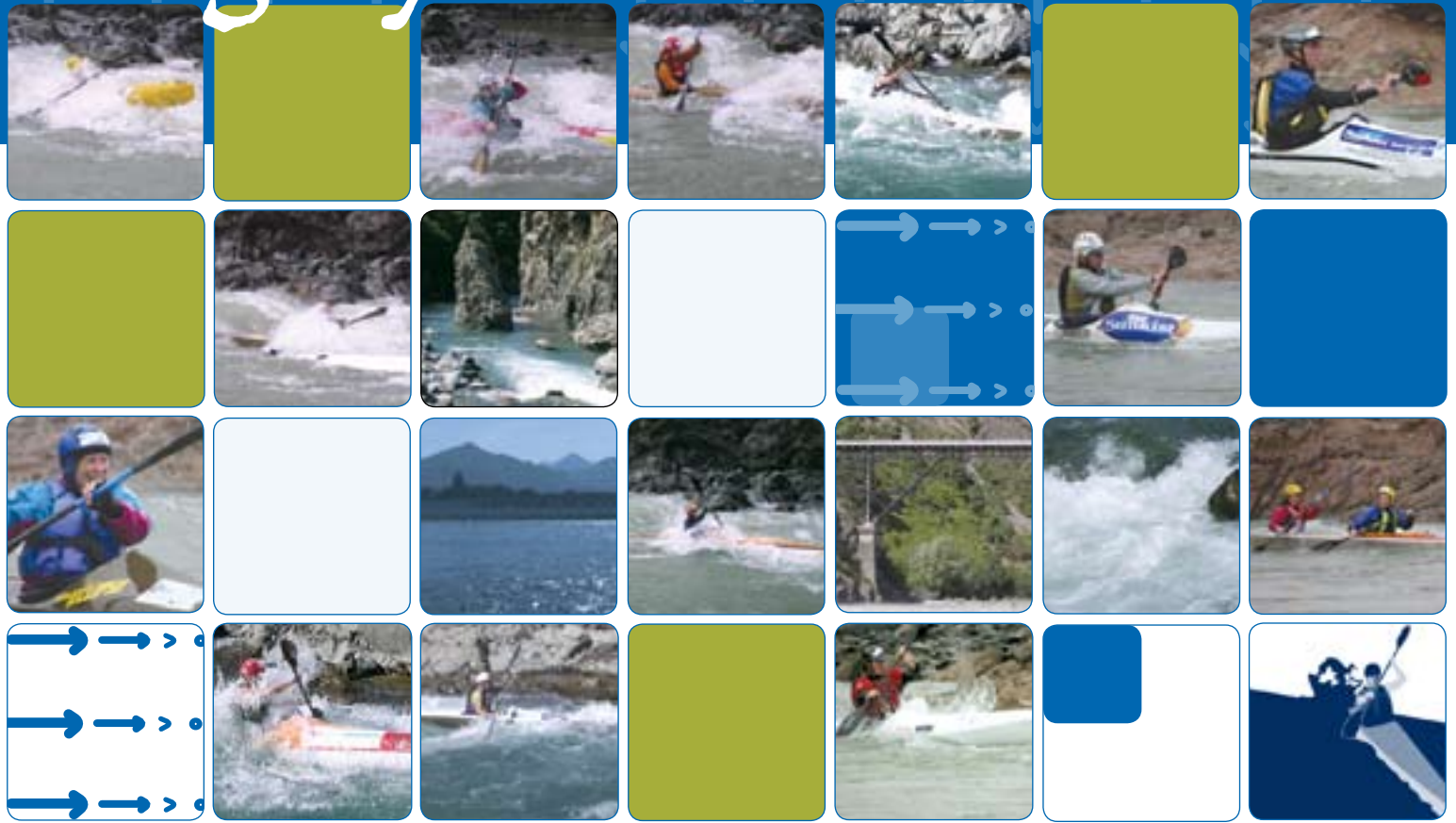
downriver kayak race on the Waiau River,  
Hanmer Springs

Free Top Sport deck cover for the  
first 25 competitors to enter

9am Sunday 28th May 2006

Forms part of the double header weekend  
with the Mt Isobel Challenge

# Mighty Waiau River Race



**Challenge** yourself, lift your skills and have some fun on this exciting, action packed stretch of the Waiau River

*Waiau river race is primo!...*

Steve Gurney

*...That was the best fun I have had in a river race for a long time...*

Len Smyth

*A great race. Loved it...*

Sue Stubenvoll

*... it's a bloody good weekends racing. Grrreat fun!*

Gary MacPherson



# Mighty Waiau River Race

**Entry Forms** – These can be either downloaded from the website [www.dare2sweatevents.co.nz](http://www.dare2sweatevents.co.nz) or collected from Bivouac Outdoor on Colombo Street, Christchurch, plus other participating retail outlets and canoe clubs.

**Entries** – Entries must be on the official entry form (or a clear photocopy) and received prior to the closing date of Monday 22nd May. Entries are limited to 150 paddlers and determine your start position, so enter early to secure a start line advantage. Late entries will be accepted up to the close of registration at 4pm Saturday 27th May 2006 if the event is not already full.

**Entry Fee** – \$40.00 per person. Late entry fee (after Monday 22nd May 2006) is \$50.00 per person [no exceptions – please be sure to mail your entries with time to spare for postal delivery].

**Entry Conformation** – A letter of confirmation and GST receipt will be emailed to all competitors who submit a complete entry up until entries are full. It is a case of first in first served. Incomplete entries will be notified and filed until such time they are made complete.

A waiting list will operate once the event numbers are reached. Competitors on the waiting list will be notified as soon as a place opens for them in the race. A list of current entrants will be available to view on the website [www.dare2sweat.co.nz](http://www.dare2sweat.co.nz).

**Accommodation** – Visit [www.hanmerholidayhomes.co.nz](http://www.hanmerholidayhomes.co.nz) for accommodation options.

**Event Registration & Gear Scrutineering** – Registration will take place after the Mt Isobel Challenge prize giving, from 2pm to 4pm on Saturday 27th May 2006 at the Hanmer Springs Domain, Jacks Pass Road. All competitors gear will be scrutineered and mandatory Didymo control measures will be enforced. Once competitors gear has passed scrutineering and been treated against Didymo, stickers will be fixed to their kayak and helmet which must remain in place throughout the race. No change to scrutinized gear is allowed after such time. Please refer to rules and conditions of entry for requirements.

[Note: if you register it will be assumed you will be starting the race. If thereafter you decide not to start the race, you must inform the race organiser in person. This is an important safety issue].

**Race Briefing** – Briefing will take place at 4:30pm, Saturday 27th May 2006 at the Hanmer Springs Domain. It is mandatory that all competitors attend the race briefing.

**Late Registration/Scrutineering & Briefing** – For those whom are unable to attend the event registration, gear scrutineering & briefing on Saturday afternoon at the Hanmer Springs Domain, there will be a special registration for pre-entries only at the race start between 7:30 to 8:00am (no later) on Sunday morning [It is a 1hr 30min drive from Christchurch]. Please indicate on your entry form or contact the race organiser if you intend to register late. Your race packs will be ready for you to collect and the race briefing notes will be emailed out to you in the week prior. Your gear will need to pass through scrutineering and mandatory Didymo control measures will also be enforced. Note - no new entries will be accepted on the day.

**Directions to the Start** – Head out of Hanmer Springs on SH7A over the Ferry Bridge to the Stop sign at the junction of SH7. Turn right and head west on SH7 for 1.7km to the open fence entrance on the right to the Lochiel Station gravel pit (the entrance will be marked with small cones). Be careful turning into this entrance across the oncoming traffic lane. Continue 300-400m to parking areas. Please drive safely and show consideration for others by parking in an orderly fashion. There is plenty of flat parking space. Please refer to course map found on the back of the entry form.

**Boat Line-up** – 7:30am on. You are required to place your kayak in numerical order in the row that corresponds to your wave start. Lowest numbered kayakers are to be positioned furthest downstream.

**Pre-start Orders:** 8:45am Roll call. Latest river flow and weather forecast. Organisers last word and best wishes.

## Le Mans Wave Starts

- All Women : 9:00am
- All Doubles : 9:04am (only one member is required to run to their boat)
- All Men : 9:08am

**Course and Features** – 15.9km Grade II+ downriver paddle on the Waiau River from Lochiel Station (approximately 1.5km upstream of the Ferry Bridge) down

to the Bae Biscac riverbed land based finish line (roughly 1.4km upstream of Leslie Hills Road Twin Bridges and irrigation water intake). Please refer to the Course map found on the back of the entry form. Total descent is 53 metres.

River features encountered when paddling this stretch of water include (but are not limited too) braids and gorge, rapids, bluffs, holes, rocks, logs, trees and other river users such as jet boats, rafts, canoeists and fishermen. Competency in this type of water is essential. If you are not confident of your ability to paddle a grade two river in the kayak of your choice, please do not enter this race.

## Race Records –

Male : 2005 Steve Gurney 51.49 (River flow = 46.7 cumecs at 0400hrs)  
Female: 2005 Wendy Riach 59.59 (River flow = 46.7 cumecs at 0400hrs)  
Double: 2005 Ilda and Sandy Inglis 56:11 (River flow = 46.7 cumecs at 0400hrs)

**Land Based Finish Line** – Paddlers will have to exit their kayak (assistance by support crew is permitted) and run a short distance (no more than 50m) to the finish. Only the member of a Double wearing the helmet sticker need do this. Please remove your kayak from the waters edge ASAP to allow other paddlers room to beach and exit their kayaks. Recommended Didymo control treatment measures will be available at the finish for paddlers to use.

**Spot Checks** – There will be spot checks for safety gear at the finish. Competitors that do not comply with the safety requirements will be instantly disqualified.

**Safety Boaters and Jet Boat** – There will be a number of safety boaters on the water at various places down the river. Whilst they are there to help those in distress, they cannot be everywhere at once. Therefore paddlers should be competent at self rescue. A jet boat will also sweep the field and assist with pick-up of anyone in need. Your personal safety is their priority, it is not the duty of a jet boat to recover kayakers or gear and they will not take responsibility for any damage or loss to kayakers, paddles or gear in the event of assistance/or non-assistance. Those picked up by a jet boat, and/or items of equipment recovered, will be transported down river and dropped off no further downstream than the farmers paddock opposite Dogleg Corner (1.5km short of the finish car park by road). Competitors dropped here should make their way by foot down the far left verge of the road to the finish car park and report their withdrawal to timekeepers.

**Support Crew/Vehicle Travel Route** – Vehicles will only be able to depart the car park at the start after competitors have started. Please be courteous to other drivers when leaving the car park at Lochiel Station. Be careful when exiting and turning left onto SH7. Head 14.3km south down the road to the open fence entrance on the left to the Bae Biscac gravel pit (entrance will be marked with small cones). Please refer to the course map on the back of the entry form. Continue 100-200m to parking areas. Once again, show consideration for others and park in an orderly fashion. Please drive safely and be extra cautious if choosing to pull off SH7 to stop and watch paddlers during the course of the event. It is a dangerous stretch of road and the river is walled by high cliffs in places.

**Prize Giving** – The prize giving will take place at the Red Post Café in Culverden (14.5km south of the finish on SH7) and commence approximately 45 min after the last competitor has crossed the finish line (ie., around 11:30am).

**Prizes** – Product merit prizes will be awarded to the top three male and female place-getters in each category. There is also a prize for the first over the line, as well as a prize for the fastest male and fastest female over the weekend events (The Mt Isobel Challenge & MWRR). All entrants that start the event also have the opportunity to win one of many great spot prizes (competitors must be present to claim their spot prize).

**Results & Race Report** – Results will be emailed to all competitors; advertised on [www.sportshub.com](http://www.sportshub.com) and published on the website [www.dare2sweatevents.co.nz](http://www.dare2sweatevents.co.nz) within 2 days of the event. A race report will also follow a week later. Please be patient.

**Photo's** – Action photos will be available to view/order on the [www.photochick.co.nz](http://www.photochick.co.nz) website.

**Cancellation Clause** – Due to unforeseen acts of god, unfavorable weather and river flows, the organisers reserve the right to cancel the race if they deem it too dangerous to race. This decision will be made as early as possible to minimise any associated inconvenience. If the race is cancelled, the organiser will endeavour to refund partial entry fee within 10 working days of the race date.

**Refund Policy** – Withdrawals received prior to Monday 22nd May 2006 will be refunded their entry fee less a \$15.00 administration charge (i.e. \$25.00 total per person). A cheque will be mailed out in the post. Entrants who withdraw after this date

will receive a 50% credit towards the next years entry fee (No cash refunds are offered). Entries are not transferable to other people.

## Race Rules and Conditions of Entry

- Competitors must be 18 years of age and over, or provide parental consent on the entry form.
- All competitors must individually sign the indemnity on the entry form, which states they have read, understood and agreed to the race rules and conditions of entry.
- All competitors must have a grade II certificate. Admittance into the event will only be given if a copy of a grade II certificate or a suitable waiver letter (from someone with first hand knowledge of the entrant's ability and willing to vouch for the competitors competence) is supplied with entry and the indemnity is signed. If you have supplied a grade II certificate or waiver for any previous Dare2Sweat Events (I.e., MWRR) please specify on your entry form (there is no need to re-supply this information).
- All competitors and their support vehicle drivers must attend and listen to the race briefing, and obey instructions given.
- The choice of kayak to use is the competitors (no sit-on top or open deck craft allowed). It is ultimately the competitor's responsibility to ensure they have the ability to paddle the kayak they choose on this stretch of moving water.
- Competitors must also ensure their kayaks are structurally sound and in working order.
- Kayaks must have a minimum of 20 litres of buoyancy over and above the manufacturers foam pillars, using purpose-manufactured kayak airbags (securely positioned) or sealed bulkheads (e.g. sea kayaks).
- Competitors must wear a buoyancy aid, in good functional condition, providing at least 6.2kg of positive buoyancy at all times during the race.
- A kayaking helmet must be worn by competitors throughout the entire race. Bicycle helmets will not be accepted.
- Spray decks are compulsory for all paddlers. Competitors must fit these securely to their kayaks (with pull-cord/loop visible) when on the water.
- Competitors must fix a dry bag inside their kayak containing a minimum of.
  - Roll of duct tape (minimum 5 metres)
  - Survival bag
  - Wind/waterproof jacket
  - Spare set of fitting polypropylene long pants and long-sleeved top
  - Wool/fleece or polypropylene hat
  - Crepe bandage
  - High energy food bar
- Race number stickers must be placed on the right front of competitor's kayak and centre front of competitors helmet.
- Competitor's failure to comply with any of the safety or biosecurity measures will result in disqualification from the event.
- The overriding principle is self sufficiency. Competitors are responsible for their own dress and race nutrition for the duration of the race. Be sure to carry sufficient fluid and/or solid food supplies for the journey and wear sufficient clothing for the conditions and weather likely to be experienced during the race. Remember, the water is cold and energy plus body heat can be lost quickly when cold, wet and hungry.
- Competitors must promote fair play and demonstrate sportsmanlike behavior on and off the water. The event and sport takes a hard line against the use of illegal performance enhancing drugs.
- Whilst all efforts are made by the organiser to ensure the safety of those competing, all competitors acknowledge that they compete at their own risk, and the organiser, officials, sponsors or landowners will not accept liability for any mishap, injury, damage or loss to persons or equipment during the course of the event.
- Instructions given by race officials must be obeyed by competitors. Officials reserve the right to stop the race, withdraw or disqualify any competitor if a competitor is injured, shows signs of severe fatigue, ignores officials instructions, or needlessly places themselves and or others in jeopardy.
- The decision of the race organiser is final.
- Anyone who withdraws from the race must notify the nearest official and also the race timekeeper at the finish.
- Competitors must offer assistance to any person in difficulty and notify the nearest official if necessary. Time adjustments will be made for those who stop to help others.
- Any competitor who has difficulty and cannot continue the race must stay with their kayak and place themselves in an easy to be seen spot on the riverbank, to await assistance from officials. No one is to try to walk out. Follow all instructions you are given by race officials – these are for your safety.
- Wash-hanging is allowed across and within classes.

- Littering is strictly prohibited. Please do not drop litter at any stage on the course or private land. Take away what you bring with you.
- The portaloos provided must be used rather than surrounding bushes.

## Organiser's Recommendations

- Competitors are encouraged to practice on the river as much as possible. When doing a practice trip, please put in on the Hanmer side of the Waiau River, opposite the official race start. You can access this point from the rest area off SH7a, via a short walk with your kayak down the Hanmer River riverbed. Please get out 1.3km below the official race finish, on the gravel bank on the river right, just above the Leslie Hills Road Bridge. Walk your boat to the bridge to avoid the irrigation water intake. Parking off the road is available on the opposite side of the Bridge. No shuttle driver, no sweat—it is only a short 16km road cycle back to your vehicle at the get-in.
- It is best to paddle before 11am to avoid most commercial activity on the river.
- Always be prepared. Do not paddle alone. Remember, safety in numbers.
- If you are unsure of any rapid, do the wise thing and get out and scout it. Portage around a rapid if you have any doubt about your ability to safely paddle it.
- Check the current river flow at Marble Point on the Ecan website [www.ecan.govt.nz/Our%20Environment/Water/Rivers/RiverFlows/river-flow-table.htm](http://www.ecan.govt.nz/Our%20Environment/Water/Rivers/RiverFlows/river-flow-table.htm) before setting off. A reasonably safe flow for the Waiau River is around 30-90cumecs.
- Bring an umbrella in the event of rain. There is no shelter at either the start or finish.
- Remind your support crew to bring an old pair of shoes that they do not mind getting wet.
- Remember to practice good river hygiene.
- Don't forget to rinse your hands and paddle after disinfecting your gear so you can grip your paddle.
- Above all have fun and enjoy yourselves.

**Enquires** – If you have any questions/queries not answered on the entry, please do not hesitate to contact the race organiser: Neil Gellatly on 0064 (27) 648-7546 or [info@dare2sweatevents.co.nz](mailto:info@dare2sweatevents.co.nz)

The Mt Isobel Challenge (8km Mtn Run/20km Mtb) is to be held on Saturday 27th May 2006. Entry details are available from [www.hanmersprings.com/events](http://www.hanmersprings.com/events) Pre-entry only.

Both the Mt Isobel Challenge Organisers and The Might Waiau River Race organiser hope to see you in Hanmer Springs. Come and make it a weekend of racing.

**Acknowledgements** – The race organiser would like to thank all the race sponsors advertised for merit and spot prize contributions and well as their service assistance towards the running of the event. Also the Canterbury White Water Club for voluntary provision of safety boaters and Thrillseekers for the provision of the safety jet boat. Plus a thank you goes out to private land owners Hamish McRae, Richard Cowper, and Bill Rutherford for generously allowing use of their land and all friends and family for their wonderful support.

**Volunteers and Sponsors** – Events like this would not happen without the wonderful help from volunteers and support from sponsors. If you would like to be involved in the event from a volunteer or sponsor perspective, we would love to here from you. We endeavor to reward all volunteers for their assistance and are very appreciative of any sponsor support. Email [info@dare2sweatevents.co.nz](mailto:info@dare2sweatevents.co.nz)

## DIDYMO outbreak control & cleaning your gear

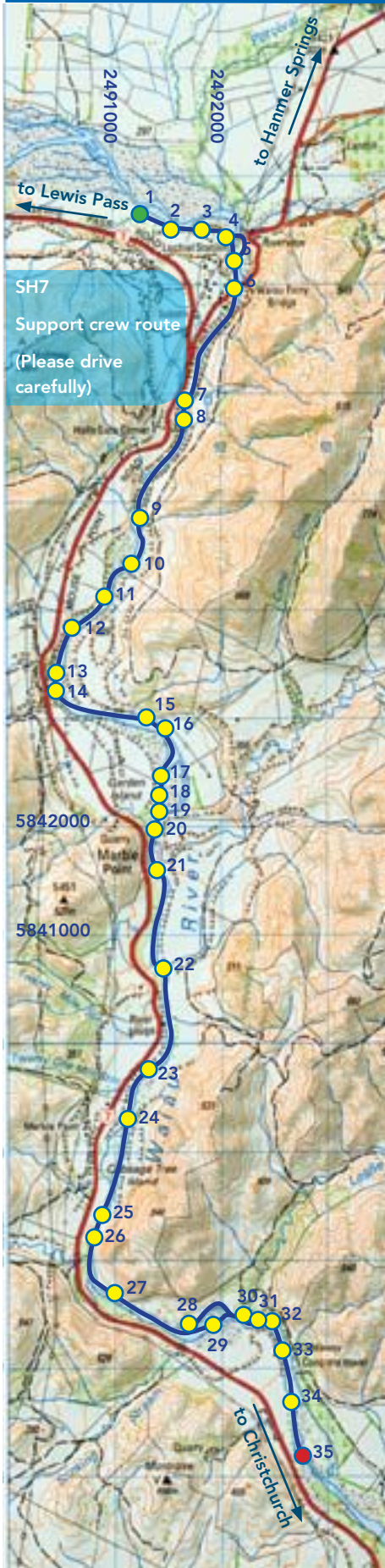
Check, Clean, Dry is now part of the New Zealand kayak way of life.

It is the responsibility of all paddlers to ensure good river hygiene so they do not spread the Didymo algae and other aquatic pests. It is a legal requirement that all aquatic recreational equipment and gear be disinfected before moving between waterways.

Therefore all participants entering the MWRR must treat their kayak and paddling gear prior to getting on, and after getting off the river. Hand pump spray guns and large plastic tubs containing an approved cleaning agent [a 5% solution of biodegradable gear friendly dishwashing detergent] will be available for participants at the registration and finish line. It is mandatory that you spray down and rinse out (place some solution inside your boat and swirl it around) your kayak and dunk all your paddling gear before the event (if not done so prior to leaving home) and after the event.

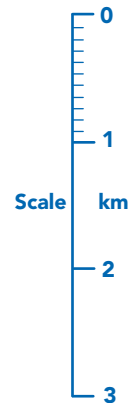
There are severe penalties for people who don't comply. [Under the Biosecurity Act 1993 the penalty for knowingly spreading Didymo is up to \$100,000 and /or 5 years in prison]. For further information on how to protect out waterways from Biosecurity New Zealand, [www.biosecurity.govt.nz](http://www.biosecurity.govt.nz) or call 0800 809-966.

# Course map and rapid guide



GRID North  
 MAGNETIC North on this map is 23.5 degrees to the East of GRID North

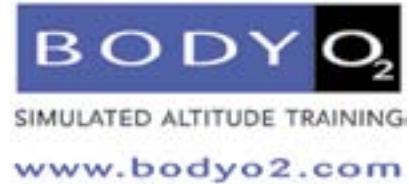
- Total distance 15.9km
- Vertical descent 53m
- Estimated fastest paddle time 55min



## Rapid names

1. Le Mans Start Line
2. Nice & Easy Braid
3. Boiler Room Corner
4. Decision Island
5. Brooks Reef [early get out]
6. Ferry Bridge
7. Hells Gate Bluff
8. Switch Back Bluff
9. Lone Willow Rapid
10. The Fork (Screamer) Rapid
11. Reprive Rapid
12. Duck (Kat) Pond Rapid [stay left]
13. Bounce Rapid
14. Dead Mans Corner
15. The Hay Barn Rapid
16. Fence Line Corner [stay right]
17. Hydro Slide Rapid
18. Sues Hole
19. Marble Point
20. Bone Crusher Rapid
21. The Shoot Rapid [midway get out]
22. Water Tower Rapid & Bluff
23. Wakeup Call Rapid
24. Cabbage Tree Island Bluff
25. Fisherman's Pool Rapid
26. Grand Canyon
27. Forgotten Rapid
28. Sharks Tooth Rapid [optional]
29. Dog Leg Corner [late get out]
30. Big Bluff [stay right]
31. Pin Ball Rapid
32. The Bitch Rapid & Bluff
33. Lantern Cable Rapid
34. Last Dip Corner [stay left]
35. Welcome Beach Finish Line

Co-sponsored by



Kayak Bob  
 Southern Lakes  
 Multisport Club



# Indemnity

1. I understand that this activity involves downriver paddling, and am aware it carries a degree of risk and is potentially dangerous. I agree that my participation in this event is entirely and knowingly at my own personal risk and I am solely responsible for my own safety and property, including the cost of any services required in recovery of myself or my property as a result of an incident. I am aware the hazards include, but are not limited to, the condition of my equipment, actions of other competitors, spectators, the organiser and officials, landowners, members of the public, weather conditions, river flow and water temperature, and all features encountered on the course.
2. I certify I am physically fit, have trained sufficiently for participation in this event and have not been advised otherwise by a qualified medical professional or trainer. In my judgment I have sufficient competence, experience and skill to complete the event in the kayak I will use in the event. I do not believe that my health or safety or that of fellow participants, officials, spectators, landowners or members of the public will be put at risk by my participation in this event.
3. I hereby give consent to receive medical treatment which may be deemed necessary in the event of injury, accident and or illness during the event.
4. I have read and understood the race rules and conditions of entry and I agree to abide by these, the decisions and instructions of the race organiser and officials, and all regulations governing the event. I understand that my entry may be void and/or I may be disqualified from the event, if through my actions or inactions, or behaviour, in the opinion of the race organiser, I break any of the rules or I bring the event or sport into disrepute. I further understand the organiser reserves the right to reject an entry without justification for their actions.
5. The organiser reserves the right to cancel the event, or alter the advertised course or start time if conditions warrant.
6. I have read the information concerning cancellation of the event and refunds of entry fees and agree to all conditions set forth in the general information.
7. I hereby take action for myself, my executors, administrators, heirs, next of kin, successors and assigns as follows:
  - a) Waive, release and discharge from any and all liability for death, disability, personal injury, property damage, property theft, property loss, and all other foreseeable risk or claims or actions of any kind (including negligence) whatever and however occurring which I at any time had or have as a result of or in connection with, directly or indirectly, my participation in and my traveling to and from this event the following person or entities : Multisport Coaching Services Ltd, land managers and/or owners, event sponsors, volunteers, event producers, all cities, towns, regions, districts or other areas of whatever nature in which the event may be staged and their (its) representatives, respective officers, directors, employees, independent contractors, agents, and volunteers.
  - b) Indemnify and hold harmless the persons or entities mentioned in paragraph 3(a) above from any and all liabilities, claims or actions (including negligence) whatever or however caused arising as a result of or in connection with, directly or indirectly, my participation in and traveling to and from this event.
  - c) If for any reason Multisport Coaching Services Ltd is liable to the entrant in contract, tort or otherwise, the combined maximum liability of Multisport Coaching Services Ltd shall be to a sum equal to twice the entry fee paid by the entrant for this event.
8. I understand that during the event or related activities I may be photographed, filmed or interviewed. I agree to allow my name, picture and voice likeness in print, photography, video, film to be used for any legitimate purpose, including but not limited to, the promotion of future events, other products and services, by Multisport Coaching Services Ltd, the event sponsors and /or assignees, at no cost.
9. I understand that I have the right under the Privacy Act 1993 to access and correct any info held about me.
10. I understand that the official event start and finish is through private land and I do not have the landowners consent to enter other than on the morning of the race day.
11. I hereby declare that all information given on the entry form is true and correct.

To enter please mail your signed entry form along with your grade two certificate and cheque to:

Mighty Waiau River Race  
45 Grange Street  
Opawa  
CHRISTCHURCH 8002

## Official Mighty Waiau River Race Entry Form

### Entry details (please print clearly)

#### Paddler One

First Name ..... age on race day .....

Surname ..... male/female (please circle)

Address .....

E-mail.....

Phone Home..... Bus .....

Mob.....

#### Paddler Two (doubles partner)

First name..... age on race day .....

Surname .....

#### Solo Category (please tick)

- Go-Getters Under 19 yrs  
(Parental consent required if under 18)
- Free For All 20-39 yrs (premier category, open to all ages)
- Old Hands 40-49 yrs       Die Hards 50+ yrs

#### Double Category (please tick)

- Open gender/age event

### Entry fee \$40 per person

(if received by Monday 22 May 2006)

### Late entry fee is \$50 per person

(for entries received after Monday 22 May 2006)

Late entries will be excepted up to the close of registration 4pm Saturday 27 May 2006 at Hanmer Springs Domain, if the event has not exceeded its limit. No on the day entries.

Total Amount Enclosed \$ :

### Waiver

Please read the indemnity before signing acknowledgment, waiver and release from liability and potential claims based on negligence or other claimed misconduct.

Signature Paddler One..... Date .....

Signature Paddler Two..... Date .....

Parental consent signature..... Date .....

(required if under age of 18 yrs)

Grade 2 Certificate  inclosed  
(please tick)  supplied previously 2005

Official box Race No. Invoice No. Ref No.

